

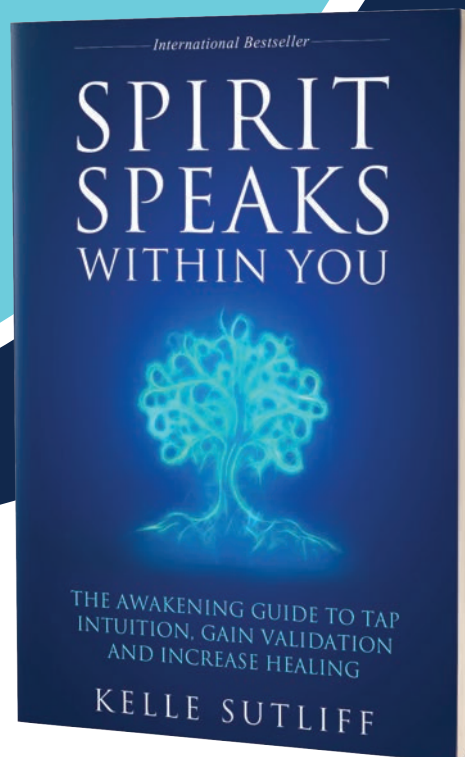
AFFIRMATIONS FOR Communicating with Spirit

Excerpt from *SPIRIT SPEAKS WITHIN YOU*
by Kelle Sutliff

We all know how important powerful intentions can be. They are part of how we manifest and implement “the good” in our future. Intentions help us clear negative situations so that we don’t carry that negativity with us during this lifetime. Remember, your connection to this guidance is your best friend. It communicates with you, heals, and protects you so that you feel settled and complete. But only when you ask can you receive.

When Spirit Speaks within you, be prepared to listen and to act. Using affirmations is one of the best ways to achieve your goals. Try the affirmations below, but also feel free to create your own affirmations in the way that you and your inner connections know best.

- When I face fears in my life, I no longer accept weak behavior. I am strong, I am strength...and so it is.
- My new vocabulary is flow. I am accomplished in my goals... and so it is.
- I accept divine order in my life. I will be patient with the outcomes, and when I receive these outcomes, I will be thankful... and so it is.
- I acknowledge that hate is an emotion, but I refuse to let hate define my soul... and so it is.
- If I felt worthless during a tragedy in my life, I accept the lesson, but the tragedy does not define me. Only I can define me. I am resilient...and so it is.
- When your physical body and mental body have challenges, say to yourself daily: I am healthy, and I am whole... and so it is.”



- I am protected by spiritual light from God every day... and so it is.
- My children are good citizens and have happiness, love, and accomplishment in their lives...and so it is.
- My freedoms are sovereign and are protected so that I can provide for myself, my family, and the good of mankind... and so it is.
- We are free within society of oppressive restrictions and our world has freedom for our highest and best good... and so it is.
- I am no longer selfish. I see the needs of others so that I can be a really good human... and so it is.
- I am thankful now for all the abundance that will fill my life... and so it is.
- As hard as it is to accept change, I have accepted it. Now, I prosper within all of this new opportunity... and so it is.
- My intuitive leadership is on fire... and so it is.
- I do not blame anyone for my choices. I have overcome being a victim... and so it is.
- I am one heck of a business executive. I am recognized for my accomplishments at work... and so it is.
- I am protected by my ancestors and my guides everywhere I go. I am so thankful for their protection...and so it is.
- My land, my home, and my country are protected always from evil... and so it is.

- I am protected from false information, and I have the courage and integrity to know the difference... and so it is.
 - I am relaxed. I am no longer kinetic, and so I can receive answers to my questions from Spirit... and so it is.
 - I give a sign to a passed loved one today, and I am aware now to receive it... and so it is.
 - I am listening to my psychic instinct as it guides me into perfect decision making... and so it is.
 - I am no longer a dandelion. I am a rose blooming in life's natural synchronicity... and so it is.
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Kelle Sutliff is an internationally renowned psychic medium, psychic investigator and speaker who has appeared on national and international television and radio programs.

Kelle has demonstrated that the psychic world is very real for more than 18 years. Her gifts and insights have provided inspiration and comfort to many people dealing with grief and loss. She is also a sought-after psychic investigator, working with families and private investigators on current and cold cases.

Kelle is known for her accurate predictions on world events and within her clients' lives. Her national and international clients include celebrities, professionals, and business executives.

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